

Water Aerobics

Times: T & TH **8-9am**

Instructor: Carol Veen

Session 1: Aug 19th - Sept 25th (6 weeks)

Session2: Sept 30th – Nov 6th (6 weeks)

Session3: Nov 11th – Dec 23rd (6 weeks)

(no class on Thurs 11/27)

Session 4: Jan 6th – Feb 12th (6 weeks)

Session 5: Feb 17th – March 26th (6 weeks)

Session 6: March 31st – May 7th (6 weeks)

Times: T & TH **10:30-11:30am**

Instructor: Yvonne Pauli

Session 1: Sept 2nd – Sept 25th (4 weeks)

Session 2: Sept 30th – Nov 6th (6 weeks)

Session3: Nov 11th – Dec 23rd (6 weeks)

(no class on Thurs 11/27)

Session 4: Jan 6th – Feb 12th (6 weeks)

Session 5: Feb 17th – March 26th (6 weeks)

Session 6: March 31st – May 7th (6 weeks)

-FEE for **6 week** session: Members \$33 Non-members \$45

-FEE for **4 week** session: Members \$22 Non-members \$30

Reminder: If Milbank schools are cancelled class will not be held that morning